

Curing Mental Illness Lesson

The Question of Drugs:

Antipsychotic:

Antidepressants

Tranquilizers

Lithium Carbonate

Some precautions about drug treatment

Placebo Effect

Dosage Problems

Long-term risks

High relapse and dropout rates

Surgery and Electroshock

Kinds of psychotherapy

Psychodynamic

Free association

Transference

Behavioral techniques

Systematic desensitization

Aversive conditioning

Exposure treatments

Cognitive techniques

Aaron Beck

Albert Ellis

Humanistic therapy

Existential therapy

Family therapy

Group therapy